

Winter Afterschool Programs

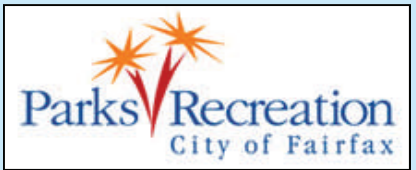
Held at Providence Elementary

3:00pm—4:00pm

Tuesdays (Feb 9—Mar 16) OR Thursdays (Feb 11 -Mar 18)

Sign out from cafeteria at 4:00pm.

Please provide a snack.



Yoga

Yoga made fun! To channel high energy and develop concentration, this class builds fitness, self-confidence and re-directs restless energy while allowing children to be their playful and imaginative selves.

Session A - Grades K-2: Thursdays

Instructor: Eileen Kragie

Fee: \$45

Soccer

Learn valuable soccer skills through age appropriate activities in a safe and fun environment.

Licensed professional soccer coaches will teach children first touch, dribbling, passing, finishing and defending skills. Because of the reduced space indoors, a stronger emphasis will be placed on foot skills during the program.

Session A - Grades K-6: Thursdays

Instructor: American Soccer Academy

Fee: \$79

Book Club

Get together with your friends in this fun and relaxing afterschool club! A leisurely book will be chosen based on the dynamics of the group and children will be asked to read it in their free time, at their own pace. The group will get together each week to discuss the book, as well as do fun games and activities relating to the readings.

Keep the book!

Session A - Grades 3-6: Tuesdays

Instructor: Monica Baxter

Fee: \$45

Science

How and why are things different from one another? Make important discoveries through student friendly experiments and explorations. Use the aids in this class to take your explorations further through drawings, notes and debates, making make this an interesting way of learning, in a fun and practical environment.

Session A -

Grades K-2: Tuesdays

Session B -

Grades 3-6: Thursdays

Instructor:

Lotus Inc. Staff

Fee: \$70

Drama

Students will explore the basics of acting using theater games, individual and group activities designed to develop the actors' "tools" which include voice, movement, imagination, improvisation, story building and working with text. Actors will use all these tools as they work as an ensemble on a theater piece that will be shared at the end of the session.

Session A - Grades K-2: Tuesdays

Session B - Grades 3-6: Thursdays

Instructor: 'A Class Act' Staff

Fee: \$60

Art

In this class, we will work with a variety of art techniques and materials. Kids will do drawing painting and sculpture projects. Everyone will build fundamental skills and challenge themselves to follow through with each artwork. With each structured project, kids will be encouraged to be inventive, experimental and creative.

Session A - Grades K-2: Thursdays

Session B - Grades 3-6: Tuesdays

Instructor:

Karina Mosser

Fee: \$45

Functional Fitness

This program provides fitness training and nutritional information in a fun and safe environment. FF4K workouts are designed to increase self-esteem, decrease body fat, increase strength and endurance, improve agility, balance and coordination, enhance kids' cognitive ability and build a sense of "Team through partner and group exercises. Workouts are self-paced, individually challenging and

Session A - Grades K-2: Tuesdays

Session B - Grades 3-6: Thursdays

Instructor:

FF4K Staff

Fee: \$40

TO REGISTER: (deadline: Fri 2/5)

ONLINE: WWW.FAIRFAXVA.GOV

FAX: (703) 246-6321

WALK IN OR BY MAIL:

GREEN ACRES, 4401 SIDEBURN RD. OR CITY HALL, 10455 ARMSTRONG ST.

703-385-7858